

THE GODDESS

AND THE

CHAKRAS



When we say “the Goddess within, what do we mean?

The Divine within us.

Where do we find Her in our bodies?

Within our chakras.

How can we work with Her?

With invocation, chant, breath and movement.

Why do this?

To deepen our wellbeing and connection to Goddess on a daily basis.

Join

ANIQUE RADIANT HEART

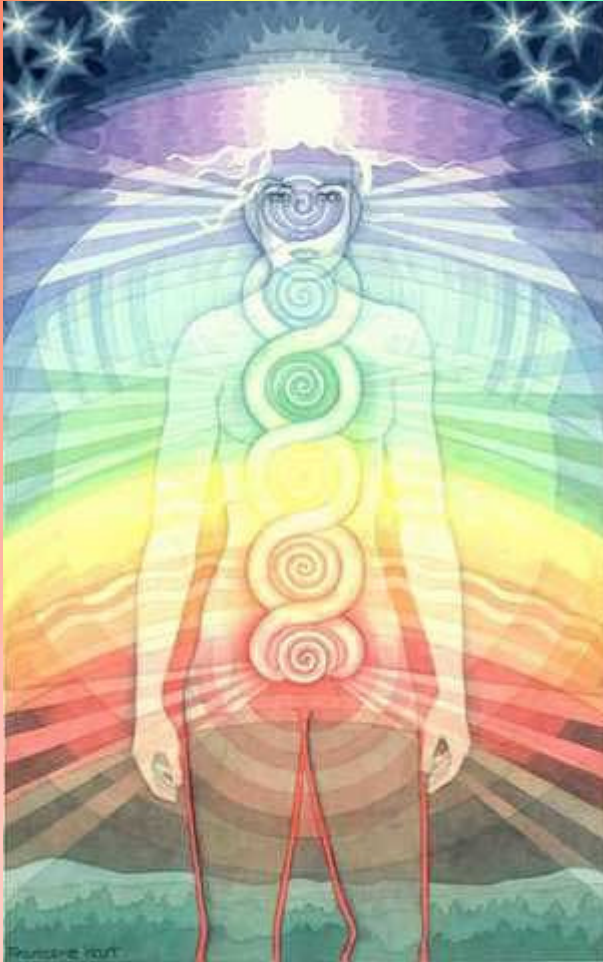
*Internationally acclaimed Priestess of the Goddess
For an experiential workshop for women*

Here are more details about this workshop:

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From the smallest atom to the largest galaxy, everything in our universe vibrates. Those things we perceive as inanimate - like rocks – vibrate at a very low rate. Light, at the other extreme, vibrates at a very high rate. Within a specific frequency range, the human ear perceives vibrations as what we call “sound”. Music, then, could be defined as organised, intentional sound.

Healers in the Eastern traditions have long worked with chakras, or centres of consciousness located at particular points in the body. Most traditions describe seven major chakras. Music touches the chakras through vibration.

In this workshop, we work with chant, visualization and Goddess archetypes, to bring our chakras into balance. By understanding the sacred connections of our chakras to archetypal Goddesses, we can develop a daily sacred practice which keeps us connected to Spirit whilst balancing and energizing the vibrational impact of our chakras in our daily lives.

Contact Anique from anywhere in the world and she will come to you and your community

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